# Celebrating Thanksgiving with Family and Food! 🦃

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| Environmental AdvocateRole: A champion for environmentally friendly practices during Thanksgiving.
Responsibilities:
- Promote eco-friendly decorations and dining ware.
- Suggest plant-based meals to reduce carbon footprint.
- Share tips on reducing food waste.
- Encourage recycling and composting after the meal.The Environmental Advocate is passionate about preserving the planet and believes Thanksgiving can be both fun and sustainable. | TraditionalistRole: A defender of classic Thanksgiving traditions.
Responsibilities:
- Emphasize the importance of traditional dishes like turkey and stuffing.
- Advocate for longstanding family customs.
- Highlight the historical significance of Thanksgiving.
- Encourage the use of heirloom recipes and decorations.The Traditionalist is someone who values the roots of Thanksgiving and wants to keep customs alive. |
| Health EnthusiastRole: A proponent for healthy eating during Thanksgiving.
Responsibilities:
- Suggest healthier versions of classic dishes.
- Educate on portion control and balanced meals.
- Share ideas for incorporating more fruits and vegetables.
- Advocate for the importance of physical activities after the meal.The Health Enthusiast believes that Thanksgiving can be enjoyed without compromising on health. | Community OrganizerRole: A supporter of community involvement during Thanksgiving.
Responsibilities:
- Encourage volunteering at local shelters and food banks.
- Promote the idea of a neighborhood potluck dinner.
- Highlight the importance of sharing with those in need.
- Organize community activities and games.The Community Organizer wants Thanksgiving to be a time of connection and generosity within the community. |

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| How to work with your role cardStep 1: Make sure you understand your role and do some research if necessary so you have all the facts you need for the debate.
Step 2: Check out the other role cards so you prepare arguments specifically for them.
Step 3: Prepare some additional notes that you can take with you into the debate and prepare your opening statement. |

## Help section

Here are some debate starters and arguments to help you get started

### Debate Starters and Arguments for Thanksgiving Roles

Debate Starters:

Should we change our Thanksgiving traditions to be more environmentally friendly?

Is it important to keep Thanksgiving meals healthy?

How can we make Thanksgiving a time for community and helping others?

### Environmental Advocate

Arguments:

Eco-Friendly Decorations:

 Using decorations that are good for the environment, like paper or reusable items, helps keep our planet clean. Plastic can take hundreds of years to disappear!

Plant-Based Meals:

 Eating more vegetables and fruits instead of meat can help reduce pollution. Animals like cows produce gases that can harm the air we breathe.

Reduce Food Waste:

 Making sure we only make as much food as we can eat means we don’t throw away food. This helps save resources like water and energy.

### Traditionalist

Arguments:

Classic Dishes:

 Traditional foods like turkey and stuffing are part of what makes Thanksgiving special. These meals remind us of the history and stories of our families.

Family Customs:

 Keeping family traditions alive, like certain recipes or ways of decorating, helps us feel connected to our relatives and our past.

Historical Significance:

 Celebrating Thanksgiving the way it has been done for years helps us remember the history and why we give thanks.

### Health Enthusiast

Arguments:

Healthier Versions:

 Making healthier versions of our favorite foods can be fun and tasty. For example, using less sugar or more vegetables can make a big difference.

Portion Control:

 Eating the right amount of food helps us feel good and have energy. It's better to eat just enough rather than too much.

Physical Activities:

 Doing something active, like playing a game or going for a walk after the meal, helps our bodies stay strong and healthy.

### Community Organizer

Arguments:

Volunteering:

 Helping out at shelters or food banks can make other people’s Thanksgiving special too. It feels good to share and help others.

Neighborhood Potluck:

 Having a potluck dinner where everyone brings a dish can be a fun way to share different foods and meet new people in the neighborhood.

Community Games and Activities:

 Organizing games or activities for everyone can make Thanksgiving more fun and bring people closer together.

These debate starters and arguments are designed to help 11-12 year olds think about different ways to celebrate Thanksgiving and the impact of their choices.